

Riverton Review

August 2018

Changes Coming & Updates.....

by Alan Abel

Our recent visit from the Crepe Stop Food Truck proved very popular as the owner reports that he sold 69 Crepes to residents and indicated he would like to come back.

I took my Crepe into the snack room and joined a group of staff and residents. Over lunch I had opportunity to interview Ken Jones, Director, CIS & Physical Facilities, about upcoming changes to our building and offer the following updates:

* Exercise Room

I only use that name because rumor has had it that an "Exercise Room" is in the works. But, actually, one could call it an "Imagine Room" as the possibilities for the usages are varied. Ken conducted a tour for me. The room, currently under renovation/construction is the old Employee Lounge across from the Poolside Café. A wall has been removed and the room is extended. In fact, the room is long. The color combination was chosen by Cheryl Myers. Walls are painted Avocado. The floor is "soft on the foot" faux wood. There is a long wooden cabinet w/Granite counter top and sink. A 55" T.V. is being installed and also a stereo sound system. The Multi-Purpose Room could be used for events such as: Parties, Receptions, Jazzercise, Yoga, Tai Chi, Movie Night, Meetings, Banquet, Cocktail Parties, Dances, etc. ETA: 45 days.

* First Aid Room

Room 102, the old Rental Office, is being converted into a First Aid Room which will house First Aid supplies and a defibrillator. The room will have an exam table and sink, and provide for ambulatory prep, if need be. The entire staff of Riverton Tower has completed mandatory first aid training. ETA: 60 days



EXERCISE ROOM



FIRST AID

Happy Retirement

by the Staff of Riverton Tower

It is with great joy, but also sadness, we congratulate two long-time employees on their retirements. Jim Davis, certainly a favorite with a lot of residents, worked here for many, many happy years. We will miss him terribly, but wish him a wonderful relaxing retirement.



We do not know how to begin with congratulations to Mrs. Dorothy Jones. We think she has been here all her life! She is the most loved, admired, cherished, leader and business woman we have ever known. She has been an inspiration to all her employees. She did everything in her power to help the residents living here. We're so grateful she will continue to live here, as we don't think any of us could stand not having her guidance to call upon. Please offer her heartfelt congratulations. We hope she will have many pleasurable adventures in her retirement. She deserves the best!

Smoke in your Eyes – Want a break from cooking? Then you're in luck on Sat., Aug. 25, 11:00 to 2:30. Smoke in the City BBQ is bringing their truck. Don't come down unless you want to be hungry. That truck smells scrumptious! Chicken, pork or ribs served up hot and delicious with super tempting sides like Baked Beans, Mac and Cheese, Collards or Smoked Cabbage. Mark your calendar.



New Hours of Operation – God's Food Store

If you are not taking advantage of the available free food weekly, then you are missing out on substantial grocery savings. There is a wide variety of free food available to you at God's Food Store operated by the Village of Hope, Room 209. New hours are: Sunday following 10:40am service / Monday, 12:00-2:00pm / Wednesday following 7:00pm service / Thursday, 12:00-2:00pm.

I scream, you scream, we all scream for ice cream!

Shelley Knaack with Dedicated Senior Medical Center is hosting an **Ice Cream Party** for us on Tuesday, August 14 at 11:30am. Ice cream with all the toppings. Join us in the cafe!



B-I-N-G-O again!

Dave Gibson with WellCare will host another BINGO game. Be ready to win more great prizes on Thursday, August 9, at 2:00 pm. There is no cost to play, and the prizes will cut down on your household product bill. Join us for fun in the Poolside Café.



Tid-Bits.....

* **Big shout-out to Mike Goodwin** who has been donating platelets/blood for a long time. Hit 60 Gallons.

* **Free Concert** at All Saints Church on Sunday, August 19. See allsaintjax.org.

* **Lunch is Served**, 11:30-1:00 – First Baptist Church, downtown, provides lunch for \$9.00 on Tues., Wed., Thur. for the public. The food is very good and includes an entrée, three sides, dessert and beverages. Service is buffet style in a huge, clean dining hall. Also, dinner is served on Wed., 4:00-6:15 (same menu for \$8.00). Located on Ashley St. between Laura & Hogan.

See website for current menu: flcjax.com/dining-room

* **Best ice cream** in town is at Brusters. One is located at Atlantic Blvd. & Kernan Blvd., next to Walgreens, in front of BJ's, and another one at Mandarin at San Jose Blvd. & Loretto Rd.

* **Dr. Keith Johnson, Consultant**, is opening a **Counseling Office** on the third floor of the Riverton Tower behind the Receptionist's Office in the Library. Dr. Keith Johnson (D.Min., Ph.D., Psych.D., and D.Christian Counseling) is making his services available to anyone desiring his help, with residents of the Tower receiving a substantial discount on his fees. He is working with American Military Vets (AmVetHousing.com) assisting disabled and other Military Vets in obtaining career positions and Housing through resume preparation and presentation, temperament and personality testing, job placement and life-coaching. His services are available to anyone desiring his assistance, and are available upon appointment (904 743 1122 ext. 102). First Consultation is free, and Dr. Johnson will explain his services in detail and adjust to your affordability.

* **Welcome New Resident** Kathy Faryon

Joke of the Month

A woman rushes to see her doctor, looking very much worried and all strung out. She rattles off, "Doctor, take a look at me. When I woke up this morning, I looked at myself in the mirror and saw my hair all wiry and frazzled up, my skin was all wrinkled and pasty, my eyes were blood-shot and bugging out, and had this corpse-like look on my face! What's wrong with me, Doctor?" The doctor looks her over for a couple of minutes, then calmly says, "Well, I can tell you one thing. There ain't nothing wrong with your eyesight."



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Contributions are welcome to include news, items of interest, tid-bits, activity info w/date, time & place.

Email info to Alan Abel by the 25th of the month for inclusion in the next Riverton Review.

Type RIVERTON REVIEW in your email's subject.

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