



Riverton Review

October 2018 –



Grand Opening for our Exercise Room

We are excited to invite you to visit our new exercise room this Thursday, Oct. 4, from 3:00 to 6:00pm. There will be snacks and drinks! We want to know what you think of the room, but also want to know what we can set up for you as far as exercise options.

What type of instructions are you wanting? Or would you prefer to work out alone and/or with a group by viewing videos on the large 55" screen TV?

Please come ready to help us help you. The Exercise Room will be open daily from 6:00am to 10:00pm beginning this Friday, Oct. 5.



EXERCISE ROOM

Hawaiian Luau

Meet up poolside with Shelly Knaack on Thursday, Oct. 11 at 1:00pm.

Wear your best Hawaiian shirt – there will be prizes! Food, fun and games!

Crochet 101

Whether you want to learn, or just have someone to crochet with, Dorothy Jones is leading class every Tuesday at 2:00pm in the café. They are currently making Newborn Hats, and they are adorable! The hats will be donated to St. Vincent's Hospital.



Knitting & Crocheting into the Evening/Night

Every Tuesday & Thursday, 7:00pm, Pool Side Café with Maryann Slicker, 955-5832.

Greeting Card Making / Scrapbooking Classes

Sherry Jones will teach a class on making Greeting Cards on Sunday, Oct. 21 at 2:00pm. If you would like to join the group, please contact Becky in the rental office. Location will be announced later.

In November there will be a class on scrapbooking and in the December class we will make Christmas Cards. Come join the fun!



Dave Gibson will be back in the café for more fun and games. He has many wonderful prizes waiting for you to win. Or just come socialize! Thursday, Oct. 18 at 2:00pm.

Dan the Vegetable Man

Dan has reverted back to his original schedule of being here every Monday (unless it is a holiday or he is on vacation). No more missing him on the last Monday of the month!



National Cupcake Day

Come celebrate National Cupcake Day with Barbara Jones from Welcome Homecare on Tuesday, Oct. 9, 2018, at 1:00pm in the café. No better way than to eat a cupcake and do some socializing!





Times-Union Center for the Performing Arts

The award-winning Gracias Choir will be performing the *Christmas Cantata* on Tuesday, Oct. 16, 7:00pm. Admission is free with a ticket. Tickets are available in the Rental Office. Stop by and pick some up if you would like to attend this amazing performance!

Medicare Open Enrollment

Open enrollment for Medicare begins in October. Ruth Bannon and Karen O'Brien, our Senior Market Specialists, will be in the lobby on Saturday, Oct. 20 from 11:00am until 1:00pm. They are happy to answer any questions and explain your options. Please take advantage of their knowledge!

Welcome New Residents

Betty Hankal

Wayne Raulerson

James and Reena Furr



Birthstones for October

The Birthstones commonly used for the month of October are fire opal and pink tourmalines or rose zircon.

Usually the tourmalines or zircons are used in cases where faceted stones are required. Fire opals are the most favored choice and the name opal is derived from the Greek word Opallos meaning a change or many colors or the Sanskrit word Upala.

The opal is thought by many to impart hope, purity, and faith to its wearer. It is a fragile gem and is easily chipped or broken probably the basis for the "Bad Luck" superstition for people wearing who were not born in October.

Opals were first discovered in Hungary in a pale blue color, but the gem is found in abundance in its most colorful variations in Australia, and most recently, Ethiopia.

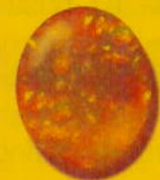
Gary L. Beckman, F.G.A., G.G. (G.I.A.)

Joke of the Month

A Doctor held a stethoscope up to a man's chest.

The man asks, "Doc, how do I stand?"

The doctor says, "That's what's puzzling me!"



Editor's Comment: Mail Boxes look great! Thank you.

Riverton Review

Contributions are welcome to include news, items of interest, tid-bits, activity info w/date, time & place. Email info to Alan Abel by the 25th of the month for inclusion in the next Riverton Review.

Type RIVERTON REVIEW in your email's subject.

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October Contributors:

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